

About your child's school meals

Your child's school meals are provided by Eat Culture Catering.

Healthy Eating

When your child has a school meal, you can rest assured they are eating a healthy nutritious meal, cooked from scratch, which will fill them up for the rest of the school day. Meat and Vegetarian options are available daily.

Dietary requirements and allergens

Dietary menus are available for children with dietary requirements (with up to date medical letter).

Our menus

Our menus operate on a three-week cycle and provide up to three choices per day. They change twice per year to reflect seasonal fruit and vegetables

More Information

For more information about our services and menus please visit www.eatculture.co.uk/parents

Our food

We are proud of the food we serve to all children.

Our Food for Life Silver accreditation means that:

- Food is sourced locally
- Meat is Red Tractor assured, meaning its traceable, safe and produced locally
- Fish is certified by the Marine Stewardship Council
- We use quality ingredients from reliable sources
- We offer healthy, nutritious, balanced meals which are low in fat, sugar and salt.
- We use Organic potatoes, pasta and eggs on our menus



Week: 1
 Date: 1st Sept, 14th Sept, 28th Sept,
 12th Oct,



Grab Bags Week 1

For Allergen information
 please ask a member
 of the catering team.

Monday

Tuesday

Wednesday

Thursday

Friday

Tuna Baguette

Ham Sandwich

Turkey & Stuffing
 Sandwich

Cheese & Tomato
 Panini

Tuna Sandwich

✓ Cheese Sandwich

✓ Cheese Snack

✓ Veggie Sausage
 rolls

✓ Egg Mayo Sandwich

✓ Cheese spread
 Sandwich

Crisps

Crudités

Crudités

Crudités

Crisps

Flapjack
 & Fruit

Oaty Cookies & Fruit

Shortbread Biscuit
 & Fruit

Chocolate Orange
 Muffin & Fruit

Chocolate Brownie
 & Fruit



Main

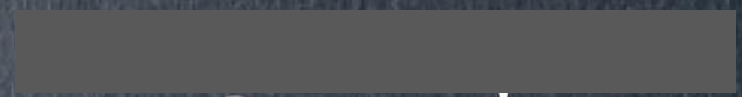
Dessert



Week: 2
Date: 7th Sept, 21st Sept, 5th Oct,



Grab Bags Week 2



For Allergen information please ask a member of the catering team.



	Monday	Tuesday	Wednesday	Thursday	Friday
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Main

Ham Sandwich	Cheese and Ham Panini	Turkey Sandwich	Sausage Roll	Tuna Baguette
✓ Egg Mayo Sandwich	✓ Cheese & Tomato Panini	✓ Cheese Spread Sandwich	✓ Cheese Snack	✓ Cheese Baguette
Crisps	Crisps	Crudités	Crudités	Crudités

Dessert

Oaty Cookie & Fruit	Flapjack & Fruit	Shortbread Cookie & Fruit	Forest Fruit Muffin	Chocolate Crunchies & Fruit
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